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## **Hot Weather Policy**

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### **Purpose**

This policy intends to reduce the risk of illness, injury or fatality to staff and students under direct school supervision from heat related disorders.

The policy will assist staff in making decisions about what is appropriate and safe for students when conducting outdoor activities or partaking in any recreational time involving outdoor activities throughout the year.

### **Responsibilities**

#### **School Medical Team**

The School Medical Team must check the Heat Index on a daily basis and communicate it to all staff via email. They are responsible for notifying the Senior Leadership Team of any changes or modifications to best practice guidelines.

#### **Senior Leadership Team**

The Senior Leadership Team must ensure this policy is communicated to all staff and that all staff adhere to the procedures below.

### **Procedure**

Depending on the Heat Index reading, below steps to be followed:

- a. **Heat Index 36°C and below**  
Green Break  
All outdoor activity can resume. Children are always strongly encouraged to wear a hat and are reminded to drink water.
- b. **Heat Index between 37°C and 38°C**  
Yellow Break  
Breaks and Lunchtimes: Students are advised to take regular water breaks during these times and must always wear hat. Maximum of 15 minutes outside.  
Outdoor Physical Activity: Students who do not have a hat and water bottle will forfeit participating in physical activity and will be provided with alternative work. Teachers to use discretion in modifying activities so that students participate in moderate-lower intensity activities. Regular water breaks will be offered.
- c. **Heat Index 39°C and above**  
Red Break  
Students to stay indoors for all activities, including breaks and lunchtimes.