

SOUTH VIEW SCHOOL



CATERING OPTIONS By MasterCook



SOUTH VIEW SCHOOL WEEK 1 MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Snack Cheese Stars	Snack Tuna & Sweetcorn Finger Sandwich	Snack Guacamole with Veg Sticks	Snack Omelette Cheese Roll	Snack Honey Flapjack with Organic Milk
Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch
Non-Veg Smoked Salmon & Cucumber Sandwich	Non-Veg Chicken Caesar Salad	Non-Veg Egg Mayo & Sandwich	Non-Veg Chicken Russian Salad	Non-Veg Turkey Salad Wrap
Vegetarian Cucumber & Apple Sandwich	Vegetarian Crispy Tofu Caesar Salad	Vegetarian Cheese & Tomato Sandwich	Vegetarian Russian Salad	Vegetarian Cheese Salad Wrap
Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch
Non-Veg Roast Beef Roast Potato, Carrots, Peas & Gravy	Non-Veg Cheesy Turkey Pasta Bake with Garlic Bread & Broccoli	Non-Veg Butter Chicken with Basmati Rice	Non-Veg Savoury Fish Turnover with Mashed Potatoes & Peas	Non-Veg Chicken Burgers with Garnishes & Baked Wedges
Vegetarian Aubergine Steak with Tomatoes, Carrots & Peas	Vegetarian Cheese & Onion Turnover with Broccoli & Carrots	Vegetarian Vegetarian Korma with Basmati Rice	Vegetarian Eggplant Zucchini with Garlic Bread & Peas	Vegetarian Veg Burgers with Garnishes & Baked Wedges
Dessert Apple Tart with Vanilla Sauce	Dessert Pumpkin Bread	Dessert Fresh Fruit Salad	Dessert Sticky Toffee & Date Pudding	Dessert Honey Square



SOUTH VIEW SCHOOL WEEK 2 MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Snack	Snack	Snack	Snack	Snack
Baked Tortilla Bites with Guacamole	Mixed Fruit Yoghurt	Hummus with Veg Sticks	Cheese Finger Sandwich	Blueberry & Oats Muffin
Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch
Non-Veg	Non-Veg	Non-Veg	Non-Veg	Non-Veg
Teriyaki Beef Sandwich	Chicken, Tomato & Mozzarella Penne Pasta Salad	Chicken Caesar Wrap	Tuna Niçoise Salad	Chicken Tikka Wrap
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian
Teriyaki Tofu Sandwich	Tomato & Mozzarella Penne Pasta Salad	Veg Caesar Wrap	Avocado Niçoise Salad	Mozzarella & Tomato Wrap
Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch
Non-Veg	Non-Veg	Non-Veg	Non-Veg	Non-Veg
Roast Turkey, Stuffing, Roast Potato, Sprouts, Carrots & Gravy	Chicken Tikka Masala with Basmati Rice	Beef Lasagne with Garlic Bread & Broccoli	Tuna Patties with Carrots & Peas	BBQ Chicken Pizza with Potato Salad
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian
Courgette & Potato Cake with Mashed Potato, Carrots & Gravy	Vegetarian Jalfrezi with Basmati Rice	Vegetable Lasagne with Garlic Bread & Broccoli	Vegetable Paella	Pizza Margherita with Potato Salad
Dessert	Dessert	Dessert	Dessert	Dessert
Lemon Pudding with Lemon Sauce	Honey Ginger Sponge	Fresh Fruit Salad	Baked Honey Sponge	Strawberry & Apple Blondie



SOUTH VIEW SCHOOL WEEK 3 MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Snack Celery & Carrots with Cheese Dip	Snack Poached Peach Yoghurt Pot	Snack Tomato & Basil Crostini	Snack Bread Sticks with Cheese Dip	Snack Banana Bread with Organic Milk
Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch
Non-Veg Chicken Shawarma	Non-Veg Chicken Cobb Salad	Non-Veg Shredded Turkey & Cheese Wrap	Non-Veg Roast Chicken Noodle Salad	Non-Veg Beef Tacos
Vegetarian Falafel Shawarma	Vegetarian Veggie Cobb Salad	Vegetarian Grated Beet, Carrot & Cheese Wrap	Vegetarian Noodle & Vegetable Salad	Vegetarian Veg Tacos
Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch
Non-Veg Roast Chicken Stuffing, Roast Potato, Sprouts, Carrots & Gravy	Non-Veg Shepherd's Pie with Broccoli & Gravy	Non-Veg Penne Bolognaise with Garlic Bread	Non-Veg Sweet & Sour Fish with Basmati Rice	Non-Veg Beef Burgers with Garnishes & Potato Salad
Vegetarian Spinach & Potato Curry with Basmati Rice	Vegetarian Vegetable Cottage Pie with Broccoli & Gravy	Vegetarian Tomato Penne with Garlic Bread	Vegetarian Sweet & Sour Vegetables with Basmati Rice	Vegetarian Veg Burgers with Garnishes & Potato Salad
Dessert Key Lime Pie	Dessert Date & Honey Fingers	Dessert Fresh Fruit Salad	Dessert Orange Delight Muffin	Dessert Jaffa Cake Pudding

MasterCook



SOUTH VIEW SCHOOL WEEK 4 MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Snack Tomato, Cucumber & Feta	Snack Savoury Quiche	Snack Mini Hummus & Cucumber Wrap	Snack Cheese & Pineapple Cubes with Crackers	Snack Apple Bread with Organic Milk
Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch
Non-Veg Club Sandwich	Non-Veg Greek Salad with Roast Chicken	Non-Veg BBQ Chicken Sandwich	Non-Veg Tandoori Chicken Salad	Non-Veg Turkey & Cranberry Sandwich
Vegetarian Veg Club Sandwich	Vegetarian Greek Salad	Vegetarian BBQ Tofu Sandwich	Vegetarian Fattoush Salad	Vegetarian Brie & Cranberry Sandwich
Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch
Non-Veg Baked Beef Meatballs with Mash Potato, Peas & Onion Gravy	Non-Veg Chicken Quesadillas with Mixed Bean Salad	Non-Veg Cornish Pastry with Peas, Carrots & Gravy	Non-Veg Baked Fish with Lemon Sauce, Carrots & Green Beans	Non-Veg Chicken Fajitas with Baked Wedges
Vegetarian Carrot & Swede Bake with Roast Potatoes, Peas & Gravy	Vegetarian Veg Chop Suey with Basmati Rice	Vegetarian Veggie Pastry with Mashed Potatoes, Peas, Carrots & Gravy	Vegetarian Stir Fried Tofu & Broccoli with Teriyaki Sauce & Basmati Rice	Vegetarian Falafel Wrap with Tahini & Baked Wedges
Dessert Classic Apple Cake	Dessert Strawberry Roll	Dessert Fresh Fruit Salad	Dessert Banana Pudding with Vanilla Sauce	Dessert Sticky Sultana Pudding

