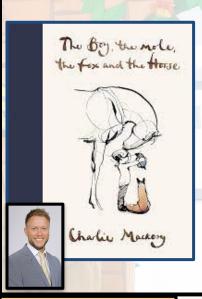


The Oryx Online **Primary** 05.05.23



We now have our second ever SVS Student Podcast!! Click the Spotify logo to listen!

Mr. Holliday's Updates - Next Week is Week 2



At SVS, everything we do centres around two unwavering stances... **Progress** and **Kindness**.

Tonight, just before bed time, please take 10 minutes to watch this video as a family. We shared it with the children in assembly this week, and I would like to share it with you, too.

Upcoming Primary Dates

- WB 22nd May = GL **Assessments Start**
- WB 12th June = EYFS + KS1 Swimming Showcase Week
- WB 19th June = KS2 Swimming Gala Week
- 21st June = Kevali **Productions Visit**
- 23rd June SVS Shares EYFS 10.15 - 10.45. Primary 10.45-11.30
- 27th June = Eid Al Ahda TBC
- 7th July = last day of school

Just For Me

EYFS

Student Support

Arabic and Islamic

Additional **Information**

PE, Squads + House

Teams

Yr 1 Page

Yr 2 Page

Yr 3 Page

Yr 4 Page

Yr 5 Page

Yr 6 Page

#SouthViewDares

Re-enrolment

Notes

Dear Parents - When re-enrolling, you will now receive the below message. This means we have recorded your response and that you do not need to complete it again :-)

Create Re-enrolment 2023-2024

Daybook | Create Re-enrolment 2023-2024

You have reached your limit and cannot add an entry for this date

SVS vs VH Spelling Bee Final

This week, children in Year 2 to Year 6 participated in an inter-school Spelling Bee against Victory Heights, and we are proud to announce that South View School were the overall winning school! A huge congratulations to the winners and a massive well done to all the finalists for taking part. Children in FS2 and Year 1 also took part in an SVS Spell Bee this week, where they showcased their exceptional spelling. The winners of the Spelling Bee were:

Year 2: Victory Heights

Year 3: Nati Getachew SVS

Year 4: Celia Shohdy SVS

Year 5: Victory Heights

Year 6: Sahana Lingoti Veeramalla SVS

FS2: Muchen Zang SVS

Year 1: Lydia Getachew SVS

Congratulations to you all!



Click here to

view photos

If anybody would like to engage with some activities to recognise King Charles' coronation this weekend, there are some ideas here.



The Oryx Online EYFS 05.05.23

EYFS Updates and Highlights

Mental health awareness is an important part of the EYFS framework, as promoting positive mental health from an early age can have a lasting impact on a child's well-being and future success. With mental health awareness week next week, I wanted to share how this is integrated into the EYFS provision at SVS.

Promoting emotional literacy: We encourage children to recognize and express their emotions in healthy ways. We teach them emotional vocabulary and provide activities that help them develop empathy and understanding of others' feelings.

Encouraging positive relationships: We foster a safe, secure, and nurturing environment where children can form strong attachments with their teachers and peers. This helps children feel supported and valued, which is essential for good mental health.

Providing opportunities for play and exploration: Play is essential for children's mental health and well-being. It helps them develop their creativity, problem-solving skills, and social connections. We encourage open-ended play, where children can use their imaginations and explore their surroundings.

Developing resilience: We teach children coping strategies that can help them manage stress and adversity. This includes things like deep breathing, positive self-talk, and mindfulness techniques.

Promoting healthy lifestyles: We encourage healthy eating, regular exercise, and good sleep habits.

These habits can help children feel good both physically and mentally.

Mrs. Williams
Deputy Head



Just For Me

FS1 Page

FS2 Page
Upcoming

EYFS Dates

- WB 12th June = EYFS Swimming Showcase Week
- 21st June = KevaliProductions Visit
- 23rd June SVS Shares. EYFS 10.15 - 10.45.

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Highlights from around the Phase

We have so many aspects to be excited about for this past week! In FS1C, we learned a new sound -k- and found words in our environment that starts with that sound. The children loved their Science lessons this week as it developed their understanding of why dinosaurs are no longer around and they have learned a new, special word - "extinct". To further develop their understanding, we did a Science experiment of a volcano. They absolutely loved it, as it deepened their understanding and allowed them to picture how dinosaurs could have been wiped out millions of years ago. I'm proud of their growth so far!





In FS2G this week, we have been busy learning new skills and developing our knowledge. Our little mathematicians have been working really hard on subtraction, building on the skills they have learned in previous weeks. We've also been exploring the events in our class story, encouraging the children to think creatively and use their imagination. In Phonics, we've been learning new sounds and using them to write about our favourite parts of the story. Overall, it's been an enriching week in FS2G as the children continue to grow and learn. I'm so proud of all the hard work they're putting in and look forward to seeing them thrive in the weeks to come.



The Oryx Online Arabic and Islamic 05.05.23

Mr. Hassan's Highlight of the Week

Students in Arabic A and B had so much fun this week, they have done so many activities related to improving listening and speaking skills as well as getting engaged in actively thinking about word the meanings and relationships among words. All have students participated in different ways to show and proof their understanding. Keep it up and very well done!











Mr Ahmed Hassan Head of Arabic



Mr Abdelhamed Kerba Head of Islamic Studies



Mr. Kerba's Highlight of the Week

It was enjoyable week students were developing their Islamic knowledge in some of Islamic value, next week please see the learning outcome for every year group.

Reminder, Quran competition will be on 19th and 20th of june, students needs to practice at home students are welcome to memorize and upload their memorization in seesaw. The competition Judge will be from Islamic Affair.

Quran Target.

Quran Memorization Target 20 Surahs A<mark>l Fal</mark>aq and Ad Dhuha Year 2-4 Quran Memorization Target 20 Surah Al Infitar. Year 5-6 Thanks A lot, to our star's students.











The Oryx Online ECAs and Additional Information 05.05.23

<u>Updates from Mr. Sanguigni</u>

Thank you to everyone who helped, participated, supported and enjoyed the Spring Carnival, it was a great occasion and a definite highlight event for the year.

The sign-up window for internal ECAs closed two weeks ago, but our fantastic external providers are still running sessions every day, with all coaching taking place indoors. Please see the final pages of the ECA booklet for more information.

Year 3-6 residentials are being finalised for next year, more details will be sent to parents in the next couple of weeks along with information on a ski trip to Azerbaijan and a cultural, service and adventure trip to Sri Lanka. These international trips will be open to the current Year 5 and above.

Contact Details

- admissions@southview.ae
- absence@southview.ae
- reception@southview.ae
- clinicgroup@southview.ae
- media@southview.ae
- transport@southview.ae
- community@southview.ae
- accounts@southview.ae
- itsupport@southview.ae
- coordinator@mastercook.ae
- pssecretary@southview.ae

Tel: 045897904



Social Media Take me to...

Twitter

#togetherweSmile #togetherweValue #togetherweSucceed #Positivity,Always

Facebook

<u>Instagram</u>

School Website







FS 1
(Click Me for the welcome page)





FS1 PE is on a Monday and FS1 Swimming is on a Thursday

Topic Overviews

Term 3 Topic

Out of this world

FS1 Timetables

Click here.

Important Reminders:

Please ensure children are attending school in the correct uniform with black school shoes/trainers being worn on the days when children do not have P.E.

Please ensure you call or email <u>absence@southview.ae</u> and use the subject SICKNESS, or telephone: +971 45897904 each day, before 8.00am if your child is going to be absent due to sickness.

Overview of Next Week's Learning:

Communication, Language and Literacy:

- To develop our story retelling skills.
- To develop our understanding of the 5 concepts of print.

PSED: To show more confidence in new social situations.

Phonics: To develop our awareness of the letter 'b'.

Maths: To develop our representation of numerals; To develop our awareness of mathematical language when describing 2D and 3D shapes.

UTW: To develop our descriptive language for things we can see when making a map.

EAD: To add more detail to our drawing representations.

Music: To create their own actions in response to the rhyme "In the Ocean".

PE: Games & Cooperation - To begin to understand basics of defending in invasion games.

Swimming: To be able to float on different body positions without adult support.

Miss Ruse's Highlight of the Week

This week we have had a fantastic time exploring extinction of the dinosaurs and theories of how it happened. We also took part in some experiments with volcanoes to look how the eruption may have caused them to become extinct. The children loved it!

We will be holding our FS1 Summer Show on Friday 19th May.

More information will be communicated to you via SeeSaw. We are very excited and hope you can all make it!

Have a lovely weekend,

Value of the month: Cooperation Islamic value: التعاون Learning Skills Focus Everyone's Voice



Miss Ruse



FS 2
(Click Me for the welcome page)





	FS2A	FS2B	FS2C	FS2D	FS2E	FS2F	FS2G
PE	Tues	Fri	Weds	Weds	Thurs	Thurs	Thurs
Swimming	Weds	Weds	Mon	Mon	Tues	Tues	Tues

FS2 Timetables - Click here

Topic Overviews

Term 3 Topic

Out of this world

Important Reminders:

Please ensure you call or email absence@southview.ae and use the subject SICKNESS,

or telephone: +971 45897904 each day, before 8.00am if your child is going to be absent due to sickness.

Overview of Next Week's Learning:

Communication, Language and Literacy:

- To offer explanations for why things might happen, making use of recently introduced vocabulary.
- To ask questions to clarify their understanding.

PSED: To set and work towards simple goals, being able to wait for what they want.

Maths: To begin to understand how to use money in addition.

Phonics: To write phonetically decodable words, by saying each sound and writing the graphemes.

UTW: To understand some changes in the environment, such as reactions.

EAD: To invent, adapt and recount narratives and stories with their peers.

Music: To create their own actions using some T4W strategies for the story "The Little Green Dinosaur".

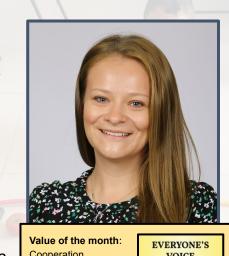
PE: Games & Cooperation - To begin to understand basics of defending in invasion games.

Swimming: To be able to float on different body positions without adult support.

Miss Walker's Highlight of the Week

We have had another great week in FS2. The highlight of the week was the SVS Spelling Bee. All the children in FS2 tried their hardest and we are really proud of each of them. Fifteen of our amazing FS2 children took part in the final and we were so excited to cheer them on! A huge congratulations to Muchen for winning the FS2 Spelling Bee!

In maths, we have continued to explore subtraction and addition. The children have shown fantastic critical thinking skills all week. In science, we have learnt about the lifecycle of a crocodile and have worked on representing this in our writing books. In Talk for Writing, we have started to use our story maps to innovate our key texts.



Value of the month: Cooperation Islamic value: النعاون Learning Skills Focus

Everyone's Voice





Yr 1
(Click Me for the welcome page)





	1A	1B	1C	1D	1E	1F
PE	Thurs	Thurs	Weds	Fri	Thurs	Thurs
Swim	Mon	Mon	Fri	Tues	Tues	Tues
Library	Tues	Tues	Weds	Thurs	Mon	Mon

Yr 1 Timetables

Click here

<u>Topic Overviews</u> Our Term 3A Topic is: Bright Lights Big City Yr 1 Home
Learning
Click here

Important Reminders:

Please ensure you call or email <u>absence@southview.ae</u> and use the subject SICKNESS, or telephone: +971 45897904 each day, before 8.00am if your child is going to be absent due to sickness.

Overview of Next Week's Learning:

Maths: To tell the time the hour.

Reading: To blend words consistent to developing Phonetic knowledge.

Writing: To use adjectives to describe a character.

Science: To explore the properties of everyday materials.

Music: To understand that a song has a structure- e.g. verse, chorus, verse.

CPA: To order the events of a structured story through drama.

PE: Gymnastics – To create and perform a simple gymnastics sequency with a partner.

Swimming: To continue to develop front crawl and backstroke technique over distance. To be able to perform a kneeling dive.

Arabic: To learn how to write Arabic letters in the beginning, middle and end of the word

Miss Stanton's Highlight of the Week

The children have had another busy week full of learning and adventure in Year 1. We started the week with two fantastic trips to Kidzania where the children had the opportunity to immerse themselves in real life jobs such as window cleaners, paramedics and DHL couriers. We also had a brilliant chance to link the trip to our learning about The Great Fire of London and the children had the chance to jump on the back of a fire engine and extinguish a 'fire'. Back in the classroom, we began learning our new focus story 'Humpy Grumpy's Mission Improbable', and continued to deepen our understanding of multiplication by creating our own arrays.

Reminder: next Tuesday 9th May is Year 1's turn to fill the #TwoForTuesday fridge. Please send any food, snack or drink donations with your child to contribute to our community fridge.



Value of the month: Cooperation Islamic value: التعاون Learning Skills Focus Everyone's Voice





Yr 2
(Click Me for the welcome page)





	2A	2B	2C	2D	2E	2F
PE	Tues	Tues	Fri	Fri	Weds	Fri
Swim	Thurs	Thurs	Weds	Tues	Fri	Weds
Library	Fri	Fri	Fri	Mon	Weds	Thurs

Yr 2 Timetables

Click here

Topic Overviews

Our Term 3A Topic is: Mess, Muck and Mixtures Yr 2 Home
Learning
Click here

<u> Important Reminders:</u>

Please ensure you call or email <u>absence@southview.ae</u> and use the subject SICKNESS, or telephone: +971 45897904 each day, before 8.00am if your child is going to be absent due to sickness.

Overview of Next Week's Learning:

Maths: To tell the time using o'clock.

Reading: To retrieve information from a text.

Writing: To write a letter.

Science: To investigate and predict.

Art: To use wax to create coloured textures.

MSC: To understand Emirati traditions.

Music: To understand that music has a structure- e.g. verse, chorus, verse or different instrumental melodies.

CPA: To order the events of a structured story through drama and discuss how the music reflects those emotions.

PE: Gymnastics – To create and perform a simple gymnastics sequency with a partner.

Swimming: To continue to develop front crawl and backstroke technique over distance. To be able to perform a kneeling dive.

يتعرف الطلاب حرف النون بأشكاله وأصواته من خلال قصة نونة النملة النشيطة: Arabic A:

Arabic B: To use Arabic numbers from 11-20 in a full oral and written sentences using I see, or I have.

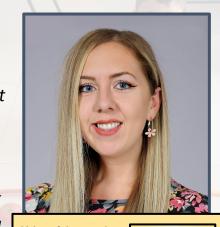
Islamic: To apply the moral of eating.

Miss Dye's Highlight of the Week

A great week in year 2! This week, we have focused on information leaflets and how we can create a hygiene information leaflet for Morris the Mankiest Monster. We needed to remember to include 5 important features and give enough information to help our reader. Next week, we look forward to writing a letter to Morris' school.

In maths, we have finished out topic of fractions! We enjoyed learning about halves, quarters and thirds. Next week in maths, we look forward to learning about time and duration.

Next week in science, we look forward to new experiments and making elephant toothpaste!



Value of the month: Cooperation Islamic value: تعاون

التعاون: Islamic value Learning Skills Focus Everyone's Voice

8





Yr 3
(Click Me for the welcome page)





Library	Girls	Boys
All Classes:	Swim: Wednesday	Swim: Monday
Tuesday	PE: Monday	PE: Wednesday

Yr 3 Timetables
Click here

Topic Overviews

Our Term 3A Topic is: Scrumdiddlyumptious

Yr 3 Home
Learning

Important Reminders:

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subject SICKNESS, or telephone: +971 45897904 each day, before 8.00am if your child is going to be absent due to sickness.

Overview of Next Week's Learning:

Maths: To interpret and draw bar charts.

Reading: To justify and predict using evidence.

Writing: To develop and implement rich and varied vocabularly.

Science: To investigate the strength of magnets.

Music: To play in an ensemble accurately keeping to the structure of a song.

CPA: To give well-structured descriptions about a character.

PE: Gymnastics – To perform a variety of counterbalance positions with a partner. **Hockey** - To use space when passing and receiving in a game. **Fitness** - To develop practical skills in order to participate, compete and lead a healthy lifestyle

Swimming: To develop breaststroke technique. To perform a standing dive.

يتتبع الطالب أحداث القصة ويحاول سردها بأسلوبه (المخلوقات الفضائية تحب الملوخية) :Arabic A

Arabic B: To use the adjectives to describe their cloth in Arabic

Islamic: To show respect in dealing with others. **French:** To identify different types of weather.

Miss Ryan's Highlight of the Week

Well done on another fantastic week Year 3!

As the weather is heating up next week may be our last week outside at lunch time, please ensure your child has a hat in school with them every day to make the most of outdoor play. If you have any board games/ puzzles which you would like to send in for the kids to play at lunchtime, please send them in from next week.

Next week we will be continuing our learning of forces and focusing more on magnets in science. In writing we will be completing our 'Hot write' on our revolting recipe instruction text. In maths we will be continuing to learn about statistics and bar models.

Gentle reminder the first revision packs are due to be completed on May 10th and a new pack will be assigned on the same day. Thanks again for all the continued support, have a lovely weekend!



Value of the month:
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Islamic value: التعاون
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Everyone's Voice





Yr 4
(Click Me for the welcome page)





Library	Girls	Boys
All Classes:	Swim: Wednesday	Swim: Monday
Wednesday	PE: Monday	PE: Wednesday

Yr 4 Timetables

Click here

Topic Overviews
Our term 3A Topic is:

I am Warrior

Yr 4 Home Learning

Click here

Important Reminders:

Please ensure you call or email absence@southview.ae and use the

subject SICKNESS, or telephone: +971 45897904 each day, before 8.00am if your child is going to be absent due to sickness.

Overview of Next Week's Learning:

Maths: To Identify acute, obtuse and right angles.

Reading: To discuss words which capture the readers attention.

Writing: To edit and uplevel a biography.

Science: To sort living things using a carroll diagram.

Music: To use their new skills and knowledge of a genre of music to add musical features of that genre.

CPA: To perform plays to engage the interest of an audience.

PE: Gymnastics – To perform a variety of counterbalance positions with a partner. **Hockey** - To use space when passing and receiving in a game. **Fitness** - To develop practical skills in order to participate, compete and lead a healthy lifestyle

Swimming: To develop breaststroke technique. To perform a standing dive.

يتتبع الطالب أحداث القصة ويحاول سردها بأسلوبه (بائع الحكايات) :Arabic A

Arabic B: To write an appropriate description to the transportation means in their country

Islamic: To follow prophet Mohamed In dealing with his neighbors.

MFL: To say what farm animals give us.

Miss O'Connor's Highlight of the Week

This week in year 4 we have been busy creating a draft biography. We have researched a famous Ancient Roman and now we are writing a biography based on our research. We have tried to included all the different features including headings, subheadings, past tense, third person and adverbs..

Furthermore, we are making our writing more interesting by using fronted adverbials which grab the readers attentions and descriptions which appeal to their imaginations. In maths we concluded our unit on time and we began to explore negative numbers. We made links between maths and real life as we use negative numbers all the time in areas like temperature, golfing and football league tables.

Have a lovely weekend!



Value of the month: Cooperation Islamic value: التعاون Learning Skills Focus

Everyone's Voice





Yr 5
(Click Me for the welcome page)







Library	Girls	Boys
All Classes:	Swim: Thursday	Swim: Tuesday
Monday	PE: Tuesday	PE: Thursday

<u>Yr 5 Timetables</u>

Click here

<u>Topic Overviews</u>

Our Term 3A Topic is:
Pharaohs

Yr 5 Home Learning

<u>Important Reminders:</u>

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subject SICKNESS, or telephone: +971 45897904 each day, before 8.00am if your child is going to be absent due to sickness.

Overview of Next Week's Learning:

Maths: To add and subtract decimals within and above 1.

Reading: To make predictions using the details stated and implied.

Writing: To complete term 3.A writing assessment.

Science: To continue to revise prior learning.

Music: To understand the structure of the 12-bar blues and begin playing in an ensemble.

CPA: To read play scripts aloud; demonstrating understanding.

PE: Gymnastics – To perform a variety of counterbalance positions with a partner. **Hockey** - To use space when passing and receiving in a game. **Fitness** - To develop practical skills in order to participate, compete and lead a

healthy lifestyle

Swimming: To develop breaststroke technique. To perform a standing dive.

Arabic A: يتعرف الطلاب على ضمائر الرفع المنفصلة من خلال قصة أمير الأطباء ويحللها لغويا

Arabic B: To compare between 2 hobbies using their research skills and their learnt Arabic vocabularies

Islamic: To analyses Uthman Bin Affan character.

MFL: To understand a weather description.

Mrs Barlow's Highlight of the Week

This week has been wonderful at SVS with the Bookworm book fair and the SVS/VH Spelling Bee competition.

Students have started to work on the Year 5 Production ready to show parents all about what they have learnt throughout this academic year.

In Writing we have continued to work on our innovated newspaper article with an Ancient Egypt theme. Students have been using their knowledge of direct and indirect speech and parenthesis to write the different paragraphs each lesson. Through our SPAG lessons they have been practicing for the GL assessments with quiz style lessons that have focused on questions and skills needed.

In Maths this week, students have been working ready hard covering the different objectives looking at position and direction and negative numbers. We have also been working on revision practice of mental maths skills.

Hope you all have a lovely relaxing weekend.



Value of the month: Cooperation

التعاون :Islamic value Learning Skills Focus Everyone's Voice





Yr 6
(Click Me for the welcome page)



SVS
SOUTH VIEW SCHOOL —— Imagine Greatness ——

Library	Girls	Boys
All Classes:	Swim: Friday	Swim: Wednesday
Thursday	PE: Wednesday	PE: Friday

Yr 6 Timetables
Click here

Topic Overviews

Our 3A topic is: Blood Heart

Yr 6 Home
Learning
Click here

Important Reminders:

Please ensure you call or email absence@southview.ae and use the

subject SICKNESS, or telephone: +971 45897904 each day, before 8.00am if your child is going to be absent due to sickness.

Overview of Next Week's Learning:

Maths: To read and plot points in four quadrants

Reading: To make predictions from details stated and implied.

Writing: To produce a Hot Write for a portal tale.

Science: To understand how diet affects the human body.

Art: To create a silhouette scene from the Blitz using chalk.

History: To explore women's roles during World War 2.

Music: To play a famous piece of music, accurately playing in bass and treble clef.

CPA: To give well-structured narratives for different purposes, including expressing feelings.

PE: Gymnastics – To perform a variety of counterbalance positions with a partner. **Hockey** - To use space when passing and receiving in a game. **Fitness** - To develop practical skills in order to participate, compete and lead a healthy lifestyle

Swimming: To develop breaststroke technique. To perform a standing dive.

يتدرب الطلاب على التمييز بين ضمائر الرفع المنفصلة والمتصلة من خلال قصة صوت المحبة :Arabic A

Arabic B: To use the future tense in Arabic to talk and write about their trip plan

Islamic: To apply street Manners.

MFL: To understand someone talking about health issues and body parts.

Mr. Webster's Highlight of the Week

Year 6 have completed another busy week working hard in the classroom and competing well in a range of sporting and academic fixtures.

In writing, students have continued to explore their portal tale WAGOLL and used it to create a Writing Toolkit for a portal tale. In Reading, we explored our text, 'Goodnight Mr. Tom' and used sentence stems to clarify new vocabulary and language.

In Science, we investigated our water and nutrients are transported around the human body through the circulatory system.

During maths lessons we have been learning how to calculate the size of angles within triangles, quadrilateral and polygons.

Congratulations to our three Year 6 students, Sahana Veeramalla, Layan Elawadi and Rayyan Mostafa for making it to the final of the Spelling Bee against Victory Heights Primary School. It was great to watch you represent the school and Year 6 with pride. Well done to all of you and in particular, Sahana, who was the winner for Year 6.



Value of the month:
Cooperation
Islamic value: التعاون
Learning Skills Focus
Everyone's Voice





The Oryx Online PE, Swimming, Squads and House Teams 05.05.23

PE and Swimming

Dear parents,

This week the highlight goes to our curricular swimming lessons. In EYFS and KS1 classes are getting ready to open doors to parents. Children will have the chance to share learned skills and show what they enjoy the most about swimming at school.





KS2 classes focus has been on the inter house swimming galas.

Students have been learning individual and relay races rules and starts.

Upcoming events:

EYFS/KS1 - Swimming #SVS Shares – From 12th of June to 16th of June. Your child swimming day and time.

KS2 inter swimming galas (times TBC):

Y6 – 16th of June

Y4 - 20th of June

Y5 - 21st of June

Y3 – 22nd of June

Squads - Term 3

Dear Parents.

We are pleased to announce that South View School enter for the first time in DASSA Cricket league. The U8 & U9 team participated in a foundation tournament and the U10&U11 in a development tournament at RGS. The U8, U9, U10 & U11 Rounders teams had also their first season tournament at Raffles, Kent College and Kings school.

Mr. Sheehan, Mr. Sanderson and Mrs. Judy will continuing to encourage their teams to keep striving







Upcoming events:

8/05 - U8 Rounders @ Raffles International

8/05 - U9 Rounders @ Kings Al Barsha

9/05 - Dubai School Games swimming competition

9/05 - U8&U9 Cricket @ SVS 3pm

10/05 - U10 Rounders @ GEMS WEK

10/05 - U11 Rounders @ Kent College

22/05 - U8&U9 Rounders @ RPS

Mrs. Sonia Teodoro



Please view your Year Group page for swimming and PE days

House Team News



Miss Judy Murphy

House Teams News

#SVSDares

Thanks to Mr Bush and 6C for their Wake Up Shake Up this morning!

In boys KS2 PE lessons this week we have been working on their Cardiovascular fitness. They have been completing games of fitness Snakes and Ladders and earning house points for their houses in these games. The boys have been doing exercises such as jumping jacks, planks, squats, mountain climbers, burpees and many more to improve their fitness. The teams that win the game are rewarded for their teamwork and commitment with house points and a sense of achievement.

KS2 girls lessons will complete these house competitions in the coming weeks during their PE lessons also.

Please remember again to focus on your swimming technique for front crawl, breaststroke and backstroke for the Inter-House Swimming Gala taking place in June. This is a huge house event and hard work over the next few weeks will pay off on the day and give your house the best chance to be victorious!



Terra Kamila Jimenez 12830



Aqua Kinda Shody 12141



Ignis Maisie Van Hoff 12878



<u>Aeris</u> <u>Amaya Haroon</u> 12636