

SCHOOL MASTER MENU – WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snack Celery & Carrots with Hummus	Snack Mixed Fruit & Yoghurt	Snack Savoury Quiche	Snack Watermelon Triangles	Snack Strawberry & Oatmeal Cups
Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch
Non-Veg Chicken Shawarma Wrap	Non-Veg Beef Tacos	Non-Veg Grilled Chicken & Fusilli Pasta with Pesto	Non-Veg Chicken Caesar Salad with Croutons	Non-Veg Turkey & Cheese Wrap
Vegetarian Falafel & Tahini Wrap	Vegetarian Veggie Tacos	Vegetarian Grilled Veg & Fusilli Pasta with Pesto	Vegetarian Crispy Tofu Caesar Salad with Croutons	Vegetarian Cheese Salad Wrap
Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch	
Non-Veg 1 Chicken & Mushroom Pie with Carrots & Broccoli	Non-Veg 1 BBQ Chicken Pizza	Non-Veg 1 Chicken Cacciatore in Tomato Sauce Served with Crispy Potatoes	Non-Veg 1 Beef Burger with Cheese, Garnishes & Baked Wedges	
Non-Veg 2 Ground Turkey Chili Con Carne with Cheddar Cheese Served with Veggie Rice	Non-Veg 2 Beef Stroganoff with Carrots, Beans & Basmati Rice	Non-Veg 2 Turkey Turnovers with Mash Potatoes, Carrots & Sweetcorn	Non-Veg 2 Chicken Carbonara with Crispy Garlic Croutons & Peas	
Vegetarian Aubergine Steak with Carrots & Broccoli	Vegetarian Margherita pizza	Vegetarian Veggie Pastry Mash Potatoes, Carrots & Sweetcorn	Vegetarian Beetroot Burger with Cheese, Garnishes & Baked Wedges	
Dessert Classic Apple Cake	Dessert Sticky Toffee Pudding	Dessert Fresh Fruit Salad	Dessert Strawberry & Apple Blondie	Dessert Apple Tart with Vanilla sauce



SCHOOL MASTER MENU – WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snack Mini Plain Croissant	Snack Hummus with Veggie Sticks	Snack Bread Sticks with Cheese Dip	Snack Turkey Ham & Cheese Breakfast Muffins	Snack Mini Blueberry Muffins with Organic Milk
Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch
Non-Veg BBQ Chicken Sandwich	Non-Veg Turkey Breast & Noodle Salad	Non-Veg Tuna Salad Wrap	Non-Veg Turkey Ham & Pineapple Wrap	Non-Veg Pulled Beef & BBQ Sliders with Apple Coleslaw
Vegetarian Mozzarella & Tomato Wrap	Vegetarian Veggie Noodles Salad	Vegetarian Cheese & Tomato Sandwich	Vegetarian Guacamole & Salad Wrap	Vegetarian Hummus & Falafel Sliders
Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch	
Non-Veg 1 Chicken Stir Fry with Veggies, Soy Sauce & Noodles	Non-Veg 1 Chicken Fajitas with Salsa	Non-Veg 1 Sticky Sweet & Sour Chicken with Egg Fried Rice	Non-Veg 1 BBQ Chicken Sliders with Mozzarella, Pickles & Apple Coleslaw	
Non-Veg 2 Cottage Pie with Green Beans, Carrots & Gravy	Non-Veg 2 Turkey Parma Rosa with Parmesan & Peas	Non-Veg 2 Penne Bolognese with Parmesan & Garlic Bread	Non-Veg 2 Turkey Meatballs with Tomato Sauce & Spaghetti	
Vegetarian Veg Cottage Pie with Green Beans, Carrots & Gravy	Vegetarian Macaroni Cheese with Peas	Vegetarian Sticky Sweet & Sour Veg with Fried Rice	Vegetarian Stir Fried Tofu with Veggies, Soy Sauce & Noodles	
Dessert Date & Honey fingers	Dessert Banana Pudding	Dessert Melon Pots	Dessert Key Lime Pie	Dessert Honey Square



SCHOOL MASTER MENU – WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snack Ambrosia Fruit Salad Pots	Snack Turkey Ham & Cheese Croissant	Snack Guacamole with Tortilla Bites	Snack Cheese & Pineapple with Crackers	Snack Mini Banana Muffins with Organic Milk
Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch	Cold Lunch
Non-Veg Turkey Ham & Cheese Tarts with Side Salad	Non-Veg Chicken & Mozzarella Pasta Salad	Non-Veg Teriyaki Beef Sandwich	Non-Veg Turkey Club Sandwich	Non-Veg Chicken Caesar Wrap
Vegetarian Cheese & Leek Tarts with Side Salad	Vegetarian Mozzarella Pasta Salad	Vegetarian Teriyaki Tofu Sandwich	Vegetarian Veggie Club Sandwich	Vegetarian Cucumber & Cheese Sandwich
Hot Lunch	Hot Lunch	Hot Lunch	Hot Lunch	
Non-Veg 1 Singapore Noodles with Veggies & Soy Sauce	Non-Veg 1 Chicken Mandi with Fresh Tomato Salsa & Raita	Non-Veg 1 Turkey Burritos with Salsa	Non-Veg 1 Turkey Burgers with Garnishes, Relish & Baked Fries	
Non-Veg 2 Sticky Beef Teriyaki with Stir Fry Broccoli & Basmati Rice	Non-Veg 2 Beef Lasagne with Garlic Bread	Non-Veg 2 Butter Chicken with Basmati Rice & Arabic Bread	Non-Veg 2 Chicken Katsu Curry Served with Basmati Rice	
Vegetarian Noodles with Veggies & Soy Sauce	Vegetarian Veg Lasagne with Garlic Bread	Vegetarian Veg Korma with Basmati Rice & Arabic Bread	Vegetarian Penne with Tomato Sauce Parmesan & Garlic Bread	
Dessert Strawberry Roll	Dessert Sticky Sultana Pudding	Dessert Mixed Berry Pots	Dessert Treacle Sponge	Dessert Honey Flapjack

